

Alabama Heat 8th Annual Regional Tune-Up 2023 - 6/17/2023

The Tune Up

Choccolocco Park - Oxford Sports Complex

Meet Program - Throws

Event 273 Boys Hammer Throw 15-16

Saturday 6/17/2023 - 8:00 AM

Pos	Name	Yr	Team	Seed	Mark
Flight 1 of 1 Finals					
1	Luke Herring	07	Top Flight T		30.48m

Event 275 Men Hammer Throw 17-18

Saturday 6/17/2023 - 8:00 AM

Pos	Name	Yr	Team	Seed	Mark
Flight 1 of 1 Finals					
1	Josiah Walker	06	Walker Track		ND

Event 277 Men Hammer Throw Open Masters

Saturday 6/17/2023 - 8:00 AM

Pos	Name	Yr	Team	Seed	Mark
Flight 1 of 1 Finals					
1	Richard Comer	62	Unattached		41.00m

Event 197 Girls Shot Put 4 lbs 7-8

Saturday 6/17/2023 - 8:30 AM

RINGS 3 AND 4

4 LBS.

Pos	Name	Yr	Team	Seed	Mark
Flight 1 of 1 Finals					
1	Caisley Williams	16	Gadsden Burn		ND
2	Ona Shallow	15	Speed City T		ND
3	Jordyn Williams	15	Tricity Stri		ND
4	Lailah Stanton	16	Alabama Tita		ND
5	Lyric Mays	16	Bama Speed T		3.66m
6	Quinn Warnat	16	Over The Mou		4.51m
7	Lyric Stevenson	15	Parker Track		4.60m
8	Rylee Mitchell	15	Speed City T		5.11m

Event 199 Girls Shot Put 6 lbs 9-10

Saturday 6/17/2023 - 8:30 AM

RINGS 3 AND 4

6 LBS.

Pos	Name	Yr	Team	Seed	Mark
Flight 1 of 1 Finals					
1	Reginae Turner	14	Gadsden Burn		ND
2	Mariah Horn	14	Alabama Heat		ND
3	Erin Cooper	13	Parker Track		ND
4	Milan Fletcher	13	Track Queens		ND
5	Everlee Mckinney	13	Speed City T		ND
6	Xena Purdue	13	Tricity Stri		ND
7	Athena Small	13	Tricity Stri		ND
8	Zipporah King	14	Tricity Stri		ND
9	Sevynn Meghee	13	Track Queens		ND
10	Savannah Carter	14	Youth-N-Acti		ND
11	Kennedy Mosely	13	Bama Speed T		6.55m

Event 203 Girls Shot Put 6 lbs 11-12

Saturday 6/17/2023 - 8:30 AM

RINGS 3, 4

6 LBS.

Pos	Name	Yr	Team	Seed	Mark
Flight 1 of 1 Finals					
1	Marqueta Jackson-Ashley	12	Youth-N-Acti		ND
2	Christina Willingham	12	Triumph-Hunt		ND
3	Ashleigh Pew	11	Trial By Fir		ND
4	Cy'Nia Berguin	12	Tricity Stri		ND
5	Abbey-Kate Kearley	11	Blackwatch T		ND
6	Kennedy Davis	12	Parker Track		ND
7	Lyriq Glasper	11	Parker Track		ND
8	Kennedy Mcannally	12	Alabama Tita		ND
9	Madison Dixon	11	Bama Speed T		4.75m
10	Alexia Thomas	12	Bama Speed T		6.15m
11	Lexie Gideon	11	Triumph-Hunt		7.61m

Event 207 Girls Shot Put 6 lbs 13-14

Saturday 6/17/2023 - 8:30 AM

RINGS 3, 4

6 LBS.

Pos	Name	Yr	Team	Seed	Mark
Flight 1 of 1 Finals					
1	Lola Ray	10	Tricity Stri		ND
2	Samantha Wilson	10	Over The Mou		ND
3	Morayah King	09	Tricity Stri		ND
4	Ciara Perkins	10	Walker Track		ND
5	Nakenzie Malone	10	Alabama Tita		ND
6	Meagan Hurst	09	Speed City T		9.55m
7	Monica Mathis	10	Iron Spikes		10.67m
8	Leila Mcwillie	09	Speed City T		11.43m

Event 209 Girls Shot Put 6 lbs 15-16

Saturday 6/17/2023 - 8:30 AM

RING 1, 2

6 LBS.

Pos	Name	Yr	Team	Seed	Mark
Flight 1 of 1 Finals					
1	Cara Huff	08	Speed City T		ND
2	Zamoriah Wells	08	Alabama Tita		ND
3	Kayle Coleman-Wilson	07	Speed City T		ND
4	Aniyah Hall	07	Parker Track		ND
5	Kharmyn Duncombe	08	Parker Track		7.49m

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Meet Program - Throws

Event 211 Women Shot Put 4 kg 17-18

Saturday 6/17/2023 - 8:30 AM

RINGS 1, 2

4 KG

Pos	Name	Yr Team	Seed Mark
Flight 1 of 1 Finals			
1	Utahara Greene	06 Parker Track	ND _____
2	Ja'Miracle Ashley	06 Youth-N-Acti	ND _____
3	Mckenzie Mcannally	06 Alabama Tita	ND _____
4	Breanna Bagley	05 Birmingham E	7.92m _____
5	Reanda Powell	06 Birmingham E	8.23m _____
6	Ruth-Ann Kearley	06 Blackwatch T	9.75m _____

Event 198 Boys Shot Put 4 lbs 7-8

Saturday 6/17/2023 - 8:30 AM

RINGS 1 AND 2

4 LBS.

Pos	Name	Yr Team	Seed Mark
Flight 1 of 1 Finals			
1	Fabien Smith Jr	16 Tricity Stri	ND _____
2	Jayceion White	15 Triumph-Hunt	ND _____
3	Khari Cannon	16 Huntsville M	2.87m _____
4	Elijah Kendall	16 Huntsville M	4.29m _____

Event 200 Boys Shot Put 6 lbs 9-10

Saturday 6/17/2023 - 8:30 AM

RINGS 1 AND 2

6 LBS.

Pos	Name	Yr Team	Seed Mark
Flight 1 of 1 Finals			
1	Cramin Wiltz	13 Triumph-Hunt	ND _____
2	Thomas Kimmons	13 Issa Flash	ND _____
3	Myles Freeman	14 Triumph-Hunt	ND _____
4	Braylen Lawrence	14 Over The Mou	ND _____
5	Jaden Miller	14 Parker Track	ND _____
6	Jacob Freeman	13 Triumph-Hunt	ND _____
7	Smith Imory	14 Club Elite o	3.50m _____
8	Javaris Mays	13 Bama Speed T	5.18m _____
9	Ethan Bell	14 Speed City T	5.69m _____

Event 204 Boys Shot Put 6 lbs 11-12

Saturday 6/17/2023 - 8:30 AM

RINGS 1, 2

6 LBS.

Pos	Name	Yr Team	Seed Mark
Flight 1 of 1 Finals			
1	Xavier Turner	11 Tricity Stri	ND _____
2	Aaron Brown	12 Metro City T	ND _____
3	Kevin Mcintosh	12 Tricity Stri	ND _____
4	Tyson Tucker	11 Metro City T	ND _____
5	Austin Montgomery	11 Triumph-Hunt	ND _____
6	Delano Brown	12 Gadsden Burn	ND _____
7	Xilas Purdue	11 Tricity Stri	ND _____
8	Colley MarKaleb	12 Club Elite o	ND _____
9	Terrence Bowles	12 Unattached	ND _____
10	Samuel Robinson	12 Parker Track	ND _____
11	Aiden Nelson	11 Parker Track	ND _____
12	Da'Vonta Gilchrist	11 Tricity Stri	ND _____
13	Anthony Anyakwo	11 Alabama Heat	4.88m _____

Event 208 Boys Shot Put 4 kg 13-14

Saturday 6/17/2023 - 8:30 AM

RINGS 3, 4

4 KG.

Pos	Name	Yr Team	Seed Mark
Flight 1 of 1 Finals			
1	Xyrell Purdue	10 Tricity Stri	ND _____
2	Anthony Gideon Jr	09 Triumph-Hunt	ND _____
3	Braylen Malone	09 Alabama Tita	ND _____
4	Hosea King II	09 Tricity Stri	ND _____
5	William Bell, III	10 Speed City T	6.50m _____
6	Christopher Lewis	09 Alabama Heat	11.89m _____

Event 210 Boys Shot Put 4 kg 15-16

Saturday 6/17/2023 - 8:30 AM

RINGS 1, 2

4 KG.

Pos	Name	Yr Team	Seed Mark
Flight 1 of 1 Finals			
1	Jaxon Upshaw	08 Tricity Stri	ND _____
2	Raymond Williams	08 Unattached	ND _____
3	Wesley Wardrick	07 Parker Track	ND _____
4	Cassius Priest	07 Mobile Parks	ND _____
5	James Betres	08 Over The Mou	9.50m _____

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Event 212 Men Shot Put 12 lbs 17-18

Saturday 6/17/2023 - 8:30 AM

RINGS 1, 2

12 LBS.

Pos	Name	Yr	Team	Seed Mark
Flight 1 of 1 Finals				
1	Tra'Jon Walker	05	Walker Track	ND _____
2	Tamarion McIntosh	06	Tricity Stri	ND _____
3	Josiah Walker	06	Walker Track	11.58m _____
4	Tyler Mason	05	Unattached	14.83m _____
5	Jared Moore	06	Velocity Tra	17.31m _____

Event 185 Girls Discus Throw 1.0 Kg 11-12

Saturday 6/17/2023 - 8:30 AM

1.0 KG

Pos	Name	Yr	Team	Seed Mark
Flight 1 of 1 Finals				
1	Lyriq Gласper	11	Parker Track	ND _____
2	Ashleigh Pew	11	Trial By Fir	ND _____

Event 189 Girls Discus Throw 1.0 Kg 13-14

Saturday 6/17/2023 - 8:30 AM

1.0 KG

Pos	Name	Yr	Team	Seed Mark
Flight 1 of 1 Finals				
1	Samantha Wilson	10	Over The Mou	ND _____
2	Morayah King	09	Tricity Stri	ND _____
3	Ciara Perkins	10	Walker Track	ND _____
4	Leila Mcwillie	09	Speed City T	21.62m _____

Event 191 Girls Discus Throw 1.0 Kg 15-16

Saturday 6/17/2023 - 8:30 AM

1.0 KG

Pos	Name	Yr	Team	Seed Mark
Flight 1 of 1 Finals				
1	Zamoriah Wells	08	Alabama Tita	ND _____
2	Cara Huff	08	Speed City T	ND _____
3	Tylan Shelton	08	Alabama Heat	ND _____
4	Kharmyn Duncombe	08	Parker Track	19.23m _____

Event 193 Women Discus Throw 1.0 Kg 17-18

Saturday 6/17/2023 - 8:30 AM

1.0 KG

Pos	Name	Yr	Team	Seed Mark
Flight 1 of 1 Finals				
1	Ja'Miracle Ashley	06	Youth-N-Acti	ND _____
2	Utahara Greene	06	Parker Track	ND _____
3	Reanda Powell	06	Birmingham E	21.34m _____
4	Ruth-Ann Kearley	06	Blackwatch T	21.95m _____

Event 186 Boys Discus Throw 1.0 Kg 11-12

Saturday 6/17/2023 - 8:30 AM

1.0 KG

Pos	Name	Yr	Team	Seed Mark
Flight 1 of 1 Finals				
1	Samuel Robinson	12	Parker Track	ND _____
2	Da'Vonta Gilchrist	11	Tricity Stri	ND _____
3	Anthony Anyakwo	11	Alabama Heat	ND _____
4	Colley Mar'Kaleb	12	Club Elite o	ND _____
5	Ethan Greenwell	11	Iron Spikes	ND _____
6	Ayden Mcwillie	12	Speed City T	10.06m _____

Event 190 Boys Discus Throw 1.0 Kg 13-14

Saturday 6/17/2023 - 8:30 AM

1.0 KG

Pos	Name	Yr	Team	Seed Mark
Flight 1 of 1 Finals				
1	Anthony Gideon Jr	09	Triumph-Hunt	ND _____
2	Hosea King II	09	Tricity Stri	ND _____
3	Christopher Lewis	09	Alabama Heat	25.30m _____

Event 192 Boys Discus Throw 1.0 Kg 15-16

Saturday 6/17/2023 - 8:30 AM

1.0 KG

Pos	Name	Yr	Team	Seed Mark
Flight 1 of 1 Finals				
1	Raymond Williams	08	Unattached	ND _____
2	Wesley Wardrick	07	Parker Track	ND _____
3	Jaxon Upshaw	08	Tricity Stri	ND _____
4	Noah Deyoung	08	Triumph-Hunt	ND _____
5	Cassius Priest	07	Mobile Parks	ND _____
6	James Betres	08	Over The Mou	28.47m _____
7	Luke Herring	07	Top Flight T	39.62m _____

Event 194 Men Discus Throw 1.6 Kg 17-18

Saturday 6/17/2023 - 8:30 AM

1.6 KG

Pos	Name	Yr	Team	Seed Mark
Flight 1 of 1 Finals				
1	Josiah Walker	06	Walker Track	ND _____
2	Tamarion McIntosh	06	Tricity Stri	ND _____
3	Tyler Mason	05	Unattached	42.27m _____
4	Jared Moore	06	Velocity Tra	49.43m _____

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Meet Program - Throws

Event 226 Girls Javelin Throw 600 g 13-14

Saturday 6/17/2023 - 8:30 AM

Pos	Name	Yr	Team	Seed	Mark
Flight 1 of 1 Finals					
1	Shuntrice Rush	10	Alabama Tita	ND	_____
2	Ciara Perkins	10	Walker Track	ND	_____
3	Samantha Wilson	10	Over The Mou	ND	_____
4	Nakenzie Malone	10	Alabama Tita	ND	_____
5	Ellison Fortson	10	Over The Mou	ND	_____
6	Leila Mcwillie	09	Speed City T	21.26m	_____
7	Meagan Hurst	09	Speed City T	22.81m	_____

Event 228 Girls Javelin Throw 600 g 15-16

Saturday 6/17/2023 - 8:30 AM

Pos	Name	Yr	Team	Seed	Mark
Flight 1 of 1 Finals					
1	Zamoriah Wells	08	Alabama Tita	ND	_____
2	Kacee Payton	07	Triumph-Hunt	ND	_____
3	Tylan Shelton	08	Alabama Heat	ND	_____
4	Ompa Andy-Chanel	08	Iron Spikes	8.94m	_____
5	Kharmyn Duncombe	08	Parker Track	13.69m	_____
6	Kaylee Rudolph	08	Max Speed El	21.03m	_____
7	London Boedeker	07	Huntsville M	24.02m	_____
8	Ma'eva Fortson	08	Over The Mou	24.38m	_____

Event 230 Women Javelin Throw 600 g 17-18

Saturday 6/17/2023 - 8:30 AM

Pos	Name	Yr	Team	Seed	Mark
Flight 1 of 1 Finals					
1	Ja'Miracle Ashley	06	Youth-N-Acti	ND	_____
2	Alora Huver	06	Walker Track	ND	_____
3	Utahara Greene	06	Parker Track	ND	_____
4	Zariah Mccall	06	Walker Track	ND	_____
5	Kendal Nichols	06	Pure Elite	ND	_____
6	Mckenzie Mcannally	06	Alabama Tita	ND	_____
7	Ruth-Ann Kearley	06	Blackwatch T	22.12m	_____
8	Janiya Evans	05	Max Speed El	22.86m	_____

Event 227 Boys Javelin Throw 600 g 13-14

Saturday 6/17/2023 - 8:30 AM

Pos	Name	Yr	Team	Seed	Mark
Flight 1 of 1 Finals					
1	Luke Burns	09	Over The Mou	ND	_____
2	Braylen Malone	09	Alabama Tita	ND	_____
3	Elijah Davis	10	Parker Track	ND	_____
4	Ryan Steele	09	Speed City T	ND	_____
5	Tristin Mccall	10	Over The Mou	7.54m	_____
6	William Bell, III	10	Speed City T	21.34m	_____
7	Christopher Lewis	09	Alabama Heat	35.66m	_____

Event 229 Boys Javelin Throw 600 g 15-16

Saturday 6/17/2023 - 8:30 AM

Pos	Name	Yr	Team	Seed	Mark
Flight 1 of 1 Finals					
1	Elijah Burns	07	Over The Mou	ND	_____
2	Josiah Richburg	08	Pure Elite	ND	_____
3	James Betres	08	Over The Mou	ND	_____
4	Noah Deyoung	08	Triumph-Hunt	ND	_____
5	Wesley Wardrick	07	Parker Track	ND	_____
6	Cassius Priest	07	Mobile Parks	ND	_____
7	Jaxon Upshaw	08	Tricity Stri	ND	_____
8	Jimmie Sosa	08	Unattached	45.72m	_____

Event 231 Men Javelin Throw 800 g 17-18

Saturday 6/17/2023 - 8:30 AM

Pos	Name	Yr	Team	Seed	Mark
Flight 1 of 1 Finals					
1	Isaih Riggins	05	Pure Elite	ND	_____
2	Jeremiah Shorter	04	Alabama Tita	ND	_____
3	William Griffin	06	Unattached	44.20m	_____

Event 233 Men Javelin Throw 800 g Open Masters

Saturday 6/17/2023 - 8:30 AM

Pos	Name	Yr	Team	Seed	Mark
Flight 1 of 1 Finals					
1	Joseph Longoria	73	Unattached	38.58m	_____

Event 215 Girls Javelin Throw Turbo (300 g 7-8

Saturday 6/17/2023 - 8:30 AM

Pos	Name	Yr	Team	Seed	Mark
600 GRAMS					
Flight 1 of 1 Finals					
1	Anna-Marie Hill	15	Speed City T	ND	_____
2	Hayden Cooper	15	Parker Track	ND	_____
3	Lailah Stanton	16	Alabama Tita	ND	_____
4	Saorise Mcannally	15	Alabama Tita	ND	_____
5	Lyric Mays	16	Bama Speed T	3.66m	_____
6	Kamille Richardson	16	Bama Speed T	6.00m	_____
7	Denver Montgomery	16	Triumph-Hunt	6.58m	_____
8	Ona Shallow	15	Speed City T	7.49m	_____
9	Lyric Stevenson	15	Parker Track	8.89m	_____

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Choccolocco Park - Oxford Sports Complex

Meet Program - Throws

Event 217 Girls Javelin Throw Turbo (400 g 9-10)

Saturday 6/17/2023 - 8:30 AM

600 GRAMS

Pos	Name	Yr Team	Seed Mark
Flight 1 of 1 Finals			
1	Zipporah King	14 Tricity Stri	ND _____
2	Erin Cooper	13 Parker Track	ND _____
3	Destiny Campbell	14 Huntsville M	ND _____
4	Xena Purdue	13 Tricity Stri	ND _____
5	Amelia Mcgregor	13 Over The Mou	ND _____
6	Morgan Shillingford	14 Triumph-Hunt	ND _____
7	Savannah Carter	14 Youth-N-Acti	ND _____
8	Makenzie Bonner	14 Alabama Tita	ND _____
9	Kailani Harper	13 Parker Track	ND _____
10	Kinley Culberson	13 Over The Mou	ND _____
11	Kennedy Mosely	13 Bama Speed T	5.79m _____
12	Katherine Fortson	13 Over The Mou	9.42m _____

Event 222 Girls Javelin Throw Turbo (400 g 11-12)

Saturday 6/17/2023 - 8:30 AM

600 GRAMS

Pos	Name	Yr Team	Seed Mark
Flight 1 of 1 Finals			
1	Juliette Douglas	11 Triumph-Hunt	ND _____
2	Kennedy Mcannally	12 Alabama Tita	ND _____
3	Ashleigh Pew	11 Trial By Fir	ND _____
4	Zarah Hampton	12 Parker Track	ND _____
5	Christina Willingham	12 Triumph-Hunt	ND _____
6	Lyriq Glasper	11 Parker Track	ND _____
7	Kennedy McClain	11 Parker Track	ND _____
8	Lexie Gideon	11 Triumph-Hunt	12.22m _____
9	Alexia Thomas	12 Bama Speed T	16.46m _____
10	Madison Dixon	11 Bama Speed T	16.76m _____

Event 216 Boys Javelin Throw Turbo (300 g 7-8)

Saturday 6/17/2023 - 8:30 AM

600 GRAMS

Pos	Name	Yr Team	Seed Mark
Flight 1 of 1 Finals			
1	Khasey Gregory	15 Alabama Tita	ND _____
2	Jordan Turner	15 Alabama Tita	ND _____
3	Kohen Miller	16 Triumph-Hunt	ND _____
4	Bradley Mitchell	15 Over The Mou	ND _____
5	Bryson Johnson Redding	16 Alabama Tita	ND _____
6	Kaiden Bilal	15 Speed City T	ND _____
7	Fabien Smith Jr	16 Tricity Stri	ND _____
8	Greyson Jones	16 Over The Mou	ND _____
9	John Spear	15 Over The Mou	ND _____
10	Elijah Kendall	16 Huntsville M	6.53m _____
11	Khari Cannon	16 Huntsville M	7.37m _____
12	Jayceion White	15 Triumph-Hunt	7.39m _____
13	Grayson Smiley	16 Bama Speed T	10.00m _____
14	Cooper Johnston	15 Stonegate	16.20m _____

Event 218 Boys Javelin Throw Turbo (400 g 9-10)

Saturday 6/17/2023 - 8:30 AM

600 GRAMS

Pos	Name	Yr Team	Seed Mark
Flight 1 of 1 Finals			
1	Jonah Perkins	14 Alabama Tita	ND _____
2	Kameron White	13 Alabama Tita	ND _____
3	Smith Imory	14 Club Elite o	ND _____
4	Bernardus Lacy	13 Alabama Heat	ND _____
5	Noah Jenkins	13 Triumph-Hunt	ND _____
6	Keegan Glasper	13 Parker Track	ND _____
7	Jaden Miller	14 Parker Track	ND _____
8	Davion Hill	14 Unattached	ND _____
9	Branden Lewis	13 Iron Spikes	ND _____
10	Cramin Wiltz	13 Triumph-Hunt	ND _____
11	Jordan Freeman	13 Triumph-Hunt	ND _____
12	Thomas Kimmons	13 Issa Flash	ND _____
13	Javaris Mays	13 Bama Speed T	5.79m _____
14	Austin Gideon	14 Triumph-Hunt	13.11m _____
15	Ethan Bell	14 Speed City T	15.11m _____

Event 223 Boys Javelin Throw Turbo (400 g 11-12)

Saturday 6/17/2023 - 8:30 AM

800 GRAMS

Pos	Name	Yr Team	Seed Mark
Flight 1 of 1 Finals			
1	Avery Young	11 Iron Spikes	ND _____
2	Kevin McIntosh	12 Tricity Stri	ND _____
3	Brayden Fears	12 Alabama Tita	ND _____
4	Ethan Greenwell	11 Iron Spikes	ND _____
5	Caden Howe	12 Alabama Tita	ND _____
6	Austin Montgomery	11 Triumph-Hunt	ND _____
7	Dylan Shillingford	11 Triumph-Hunt	ND _____
8	Xilas Purdue	11 Tricity Stri	ND _____
9	Samuel Robinson	12 Parker Track	ND _____
10	Nathan Clark	12 Alabama Tita	ND _____
11	Herbert Clark Iii	11 Alabama Tita	ND _____
12	Landen Green	12 Alabama Tita	ND _____
13	Aiden Nelson	11 Parker Track	ND _____
14	William Ingram	11 Over The Mou	14.05m _____
15	Scott Miller III	11 Triumph-Hunt	15.44m _____
16	Ayden Mcwillie	12 Speed City T	15.93m _____
17	Nigel Raymond	12 Iron Spikes	16.76m _____
18	Noah Genin	11 Unattached	21.03m _____